



BLESSED - FIRST RECONCILIATION - Parent Guide

Start with Prayer “You Are Blessed” on page 1

Watch [Episode 1](#)

Read page 2

- Ask your child, “Who is the King in this picture?” (God) “What is his family called?” (The Catholic Church)
- Read pages 4-5
 - Share with your child some of the best gifts you have received (blessings that may go unnoticed - Air to Breathe, Ears to Listen, A favorite Meal, Sunsets, Family...)

Watch [Episode 2](#) and [Episode 3](#)

- Read pages 6-7
 - Ask your child to name the blessings in his/her life.
 - Have your child complete “My Gratitude List” (page 8)
 - Remind your child to add to this list as you continue throughout this program!

Watch [Episode 4](#)

- Read/fill-in pages 10-13
 - Your child will receive First Reconciliation on January 30, 2021
 - You will decide (with our Priests) on a date for your child to receive First Eucharist during the spring/summer of 2021
- Read pages 14-15
 - Ask your child to name anyone they know who has received the Sacraments of Marriage or Holy Orders:
 - Their parents or Grandparents
 - The Parish Priest or Deacon

Watch [Episode 5](#)

- Read pages 16-17
 - Share a time with your child when you were particularly thankful for a blessing from God.
- Read pages 18-19
 - Ask your child, “If you were one of the lepers, how would you feel after Jesus healed you?” Thankful, Happy Excited, Relieved
- Read pages 20-21
 - Ask your child, “Why was it rude for the other lepers to not return to thank Jesus?”

- Jesus blessed the lepers by healing them. Every time we receive a gift from God we should say THANK YOU!

Watch [Episode 6](#)

- Read pages 22-23
 - Ask your child, “What is one thing you can do to bless someone in your life?”
 - Listen to your parents by going to bed when you are told.
 - Share your toys with siblings.
 - Say “thank you” to your teachers.
- Have your child complete “Show What You Know” and “Journal With Jesus”
 - Answer Key for “Show What You Know”
 - 1) True 2) False 3) False 4) True 5) True
 - 1) Life 2) Gratitude / Joy 3) Catholic Church 4) Baptism 5) Confirmation

Watch [Episode 7](#) - Close with Mary’s Prayer of Gratitude

- Ask your child, “What are some of the most important things you learned in this session?”
- Count my blessings.
- Reconciliation is a great moment in my journey with God.
- Show gratitude toward God.
- Share all my blessings with others.
- I am the son/daughter of a great king!

Session 2: The-Best-Version-of-Yourself

Start with Prayer “The-Best-Version-of-Yourself” on page 31

Watch [Episode 1](#)

- Read pages 32-33
 - Ask your child “What are some of the ways you have exercised free will this past week?”
 - Some Examples: Helped my friend; Prayed to God; Listened to my Teacher; Did my Homework; Cleaned my Room; Ate my Vegetables; Listened to my Parents

Watch [Episode 2](#)

- Read pages 34-41
 - The Best Way to Live, pages 36-37, emphasize that God will never give up on his people and he will always give them another chance.
 - God Speaks to Moses, pages 38-39, as your child “God spoke to Moses through a burning bush - do you think he still speaks to us today?”
 - The Ten Commandments, pages 40-41, ask your child “Which commandment is the hardest for you to follow?”

Watch [Episode 3](#)

- Read pages 42-43
 - Ask your child “Why did God send his Son Jesus to earth?”
- Read page 44
 - Ask your child to repeat after you:
 - “I will treat” (I will treat)
 - “others the way” (others the way)
 - “I want to be treated” (I want to be treated)

Watch [Episode 4](#)

- Read pages 46-47
- Read pages 48-49
 - Ask your child “When is a good time to pray?”
 - Before Meals, before going to bed, at mass on Sunday, before an activity, test or competition, in moments of decision, in moments of temptation.
- Read pages 50-53
 - Remember...often the differences between accidents, mistakes and sin can cause confusion. Encourage your child to ask questions and explore the differences between accidents and sin, but don't lose sight of the main point: God's grace helps us to avoid sin and do what is good and right.

Watch [Episode 5](#)

- Read pages 54-57

- Ask your child questions like, “Why do you think Eve looks so sad?”, “What do you think Adam is thinking about in this image?”, “Does the snake look like a good guy or a bad guy?”

Watch [Episode 6](#)

- Read pages 58-59
 - Ask your child, “Can you think of a time when you had that yucky feeling inside you? What was your conscience trying to tell you?”
- Read pages 60-61
 - Share a story of a time when you had to make a really difficult decision and you weren’t sure what to do.
 - Did you make the right decision?
 - Did you utilize any of the four steps?
 - If so, how did that help?
- Have your child complete “Show What You Know” and “Journal With Jesus”
 - Answer Key for “Show What You Know”
 - 1) True 2) False 3) False 4) True 5) True
 - 1) Decision Maker 2) Choices 3) Free will 4) Reconciliation 5) Happy / Holy 6) Yes / No 7) Prayer 8) Happy / Unhappy 9) Grace 10) Second

Watch [Episode 7](#) - Pray the Closing Prayer together

- Ask your child, “What are some of the most important things you learned in this session?”
 - I am always happier when I walk with God
 - God will NEVER give up on me!
 - God wants me to be a great decision maker

Session 3 - God Sent Jesus to Save Us

Start with Prayer “God Sent Jesus to Save Us” on page 69

Watch [Episode 1](#)

- Ask your child, “Jesus is Savior of the world, What does that mean?”
- Read pages 72-73
 - If you have a story of a time when you were saved, share that story with your child.
- Read pages 74-75
 - Remind your child, “When Jesus was on the cross, he thought of you!”
 - Ask your child, “How does this make you feel?” (Grateful, Happy, Blessed)

Watch [Episode 2](#)

- Read pages 76-77
- Read pages 78-79
 - Have your child think of a time when they lost something important:
 - How did he/she feel when they lost it?
 - Did he/she find it?
 - If so, how did he/she feel about it?
 - Share a time when you lost and then found something important to you!

Watch [Episode 3](#)

- Read page 80
- Read page 82
 - Ask your child, “How can you carry on Jesus’ mission?”
 - By being a great friend
 - By treating others how I want to be treated
 - By following the Commandments
 - By going to Mass
- Read page 84
 - Share with your child which parable is your favorite. Ask him/her which is their favorite.
- Read page 86
 - Ask your child, “If you could perform one of Jesus’ miracles today, which would you choose? Why?”

Watch [Episode 4](#)

- Read page 89
- Read pages 90-91
 - Ask your child, “Do you want to go to heaven?”

Watch [Episode 5](#)

- Read pages 92-93
 - Share that the story of Pentecost is amazing...it really happened!

Watch [Episode 6](#)

- Read pages 94-95
- Read pages 96-97
 - Ask your child, “If you could be anyone in the Jesus story, who would you be...one of the disciples, Mary, Lazarus, Zacchaeus, the woman at the well, the Good Shepherd, etc.”
- Have your child complete “Show What You Know” and “Journal With Jesus”
 - Answer Key for “Show What You Know”
 - 1) True 2) True 3) True 4) False 5) True
 - 1) Loves 2) Wisdom 3) Ordinary 4) Love 5) Mercy 6) Resurrection 7) Heaven 8) Bridge 9) Holy Spirit 10) Dynamic / Personal

Watch [Episode 7](#) - Pray the Closing Prayer together

- Ask your child, “What are some of the most important things you learned in this session?”
 - I am a part of Jesus’ story!
 - Jesus has a special mission just for me.
 - God loves me enough to give His life for me.
 - Jesus wants me to share His love with others.

Session 4 - Forgiveness and Healing

Start with Prayer “Forgiveness and Healing” on page 105

Watch [Episode 1](#)

- Read pages 106-107

Watch [Episode 2](#)

- Read pages 108-109
 - Ask your child, “When is the last time you forgave someone.”
- Read pages 110-113

Watch [Episode 3](#)

- Read pages 114-115
 - Share that this is a great help in understanding what a Sacrament is!

Watch [Episode 4](#)

- Read pages 116-117

Watch [Episode 5](#)

- Read pages 118-119
 - Ask your child, “How does it feel to be the son or daughter of a great King?”

Watch [Episode 6](#)

- Read pages 120-127
- Have your child complete “Show What You Know” and “Journal With Jesus”
 - Answer Key for “Show What You Know”
 - 1) True 2) False 3) False 4) True 5) True
 - 1) Relationship 2) Happy 3) Forgive / Forgiven 4) Our Father 5) Reconciliation 6) Celebration 7) Heaven 8) Sorry / Forgiveness 9) Listen 10) Father / Love

Watch [Episode 7](#) - Pray the Closing Prayer together

- Read pages 132-134
- Ask your child, “What are some of the most important things you learned in this session?”
 - God loves healthy relationships.
 - Forgiveness is essential to healthy relationships.
 - Reconciliation cleans up the mess in my soul.
 - God is always willing to forgive me when I am sorry.
 - Jesus wants to lead me to heaven.
 - I am God’s son/daughter.
 - God chooses ordinary people to accomplish extraordinary things!

Session 5 - Your First Reconciliation

Start with Prayer “Your First Reconciliation” on page 137

Watch [Episode 1](#)

- Read pages 138-139
 - Ask your child to share a great moment in his/her life...a favorite birthday, the first goal in soccer, a new pet, etc. Share one of yours, as well!
- Read pages 140-143
 - Ask your child, “Is there anything out of place in this beautiful garden? That’s right, the ugly, nasty, terrible thorn bush!”
 - Be excited to share that Jesus is the gardener!

Watch [Episode 2](#) and [Episode 3](#)

- Read pages 144-147
 - Have your child read aloud the 5 steps to making a great Reconciliation

Watch [Episode 4](#)

- Read pages 148-161
 - Have your child practice reading the first Act of Contrition out loud. The more comfortable he/she feels with the Act of Contrition, the more comfortable he/she will be on the day of his/her First Reconciliation.
 - Ask your child, “How he/she felt when they watched the episode with Jesus in the confessional forgiving sins through the priest. Was he/she amazed, confused, grateful, excited?”

Watch [Episode 5](#)

- Read pages 162-165
 - Share with your child that “The Prodigal Son is one of the most famous stories in the entire Bible. It is about how God the Father always rejoices when we return home to him.”

Watch [Episode 6](#)

- Read pages 166-167
 - Ask your child, “Do you think this will be the first and only time you ever go to Reconciliation?”
- Read pages 168-169
 - Ask your child “Who is the best friend you will ever have?”
- Have your child complete “Show What You Know” and “Journal With Jesus”
 - Answer Key for “Show What You Know”
 - 1) False 2) True 3) False 4) False 5) True
 - 1) Friend 2) Happy / Unhappy 3) Confess 4) Exercise 5) Jesus 6) Preparation 7) God 8) Grace 9) Conscience 10) Encouraging

Watch [Episode 7](#) - Pray the Closing Prayer together

- Ask your child, “What are some of the most important things you learned in this session?”
 - My First Reconciliation is going to be a great moment in my life.
 - Preparation is essential for a great experience.
 - There are 5 steps to a great Reconciliation.
 - God will rejoice every time I come to Reconciliation.
 - Reconciliation is a lifelong blessing.
 - God is the best friend I will ever have.

Session 6 - It's Only the Beginning

Start with Prayer "It's Only the Beginning" on page 177

Watch [Episode 1](#)

- Read page 179
 - Ask your child to once again share a great moment in his/her life (a favorite birthday, goal in soccer, a new pet, etc.) then share with your child why you're excited for him/her to make their First Reconciliation.

Watch [Episode 2](#)

- Read pages 180-181

Watch [Episode 3](#)

- Read pages 182-183
 - Ask your child, "Has anyone ever really taught you how to pray?" Share with your child how you learned to pray.

Watch [Episode 4](#)

- Read pages 184-185
- Read pages 186-187
 - Ask your child if there is someone he/she really admires. Why? How did he/she become a great champion/leader?
 - Talk about a great leader like Abraham Lincoln, a great athlete like Michael Jordan, a great musician like Mozart, a great artist like Picasso or a great saint like Francis.
 - Encourage your child to see the connection between great champions and great habits.

Watch [Episode 5](#)

- Read pages 188-189
 - Ask your child, "If Jesus needed quiet time, don't you think we do too?"

Watch [Episode 6](#)

- Read pages 190-191
 - Give your child time to create his/her own gratitude list. (page 193)
- Read pages 194-195
 - Let your child know how excited you are for him/her to experience their next Catholic Moment: First Communion
- Have your child complete "Show What You Know" and "Journal With Jesus"
 - Answer Key for "Show What You Know"
 - 1) True 2) True 3) False 4) True 5) True
 - 1) Happiness 2) Bless 3) The-best-version-of-yourself 4) Prayer 5) Wisdom 6) Good / Bad 7) Friend / Savior 8) Prayer Process 9) Habits 10) Grateful

Watch [Episode 7](#) - Pray the Closing Prayer together

- Ask your child, “What are some of the most important things you learned in this session?”
- I am Blessed.
- Prayer helps me discover God’s will for my life.
- Great habits help me become the-Best-Version-of-Myself.
- Being grateful means thanking God for all the ways He has blessed me.
- God wants me to be happy!